

**Title: AAPI Resilience, Resistance, Power & Affirmation
Calls to Action**

1. Learn About the History of Anti-AAPI Racism

1. Examine and dismantle your own unconscious biases and misheld beliefs. Learn about and lift up those who have resisted anti-AAPI racism across the years. Model empathy and solidarity to your family, friends, neighbors, and colleagues. The Asian American Studies Program from Cornell University's College of Arts and Sciences has compiled this [library of Anti-Racism Resources for the AAPI Community](#).

2. Support AAPI-owned businesses or organizations that help the community

3. Amplify the Talents and Gifts of AAPI Friends, Family, & Colleagues Within the Church & Beyond

- a) Highlight and share the concerns and joys of AAPI friends, family, colleagues, history through policies, programs, and other events.

4. Advocate and Get Politically Active

- a) Research which AAPI communities are a part of your geographic region. Find who your elected officials are tha working on behalf of AAPI interests and reach out to them to express your support and solidarity.

5. Promote Content About Anti-AAPI racism as well as AAPI resilience

- a) Share stories and repost news on social media that will raise awareness about anti-AAPI racism as well as stories that highlight the resilience and contributions to society by AAPI communities.

6. Share list of AAPI organizations to support

- a) [Stop AAPI Hate](#): The Stop AAPI Hate reporting center tracks and responds to incidents of hate, violence, harassment, discrimination, shunning, and child bullying against Asian Americans and Pacific Islanders in California and, where possible, throughout the United States.
- b) [Advancing Justice](#) — [Asian Law Caucus](#) is the nation's first legal and civil rights organization serving low-income Asian Pacific American communities with a focus on housing rights, immigration rights, labor, and employment issues.
- c) [Pacific Islander Community Association](#): PICA-WA serves as a cultural home, centers community power and advocates to further the wellness of Pacific Islander communities in Washington State.
- d) [Asian Mental Health Project](#): The Asian Mental Health Projects strives to dispel the belief that struggling with mental health is a weakness and to provide resources that are accessible to all.
- e) [The Network on Religion and Justice for Asian and Pacific Islander Lesbian, Gay, Bisexual, Transgender, and Queer People \(NRJ\)](#) is a network of API-LGBTQ organizations and individuals and their faith communities, family and friends, working to nurture and support efforts toward a fully LGBTQ-inclusive Asian Pacific Islander faith community.